

Newsletter February 2025



Dear Parents and Carers

Every week the children have been introduced with a new letter. The children have been encouraged to learn the sound and simple letter formation through play, mark-making and creative activities to support their learning. Please see links below:

<https://www.youtube.com/watch?v=UCI2mu7URBc>

[Song of Sounds - Stage 1 2022 \(Actions\) \(youtube.com\)](#)

We would like to remind all parents that Friday, the 14th of February is the last day of preschool. The week, **17th – 21st of February is the Spring Half Term and the preschool will be closed.** The first day back after the Spring Half Term is Monday, the 24th of February. We wish all children and their families a restful and enjoyable half term break.

Green Fingers Garden Project

Children will bring home a plant pot with their choice of seed, either a vegetable, herb or a flower as part of our gardening project at the preschool. When they bring the pot home, please encourage your child to take responsibility for caring for the plant. After designated period we request that you send the plant pot back to preschool.



Upcoming Events

Children's mental health - 3rd- 7th of February

- Mindfulness Walk 3rd – We will take the children for a short walk outside and encourage them to notice things around them—sounds, sights, smells, etc. We will ask them to describe the things they see, hear, and feel.
- Emotion Charades – 4th of February
We will have the children to act out different emotions (happy, sad, angry, excited, etc.) while others guess which emotion they're showing. This helps children recognise and name their emotions.

- **Movement and Dance - 5th of February**
We will use music and movement to help children release energy and feel good. Dancing or doing simple exercises helps with both physical and mental well-being.
- **Role-Playing – 6th of February**
We will set up scenarios where children can practice being kind to others, sharing, or solving problems.
- **Green Day Theme - 7th of February**
We encourage children and staff to wear green as a sign of support for mental health.

Valentine’s Day – 14th of February

- **I Love You Because.... “wall”**, children can share things they love about their family members or friends. They can draw pictures or dedicate what they want to say.
- **Baking activity – making a heart-shaped biscuit to take home.**

Parent Rota

Now that the children are settled, we are happy to invite parents to come in and spend time with the children or engage in activities such as storytelling, singing, cooking, or crafts. Please let us know your interest.

Long term absence form.

If the child is going to be absent for more than 3 weeks, parent must submit a long-term absence form. The form can be found on Friary Preschool website or requested from the preschool office.

Reminders

- * **Book Bags – Please bring your child’s book bag every Monday, Wednesday and Friday to swap the book.**
- * **Absence – Please remember to call or email the preschool if your child is absent. We need to know to ensure the safety and well-being of all children.**



SNACK donation. Thank you so much to everyone remembering to bring a piece of fruit for snack time and to those donating money towards our healthy snacks. Please can we continue to encourage this from as many as possible.

Friary Preschool Contact Details:

For general enquiries, these can be emailed to the Friary Preschool using the following email address:

info@friarypreschool.co.uk or by telephone on 01293 403873.