

Newsletter July 2026



Dear Parents and Carers,

It is hard to believe that this preschool year is coming to an end in the next couple of weeks. It has been a wonderful journey, and we are so very proud of all the children. We loved teaching and comforting them, watching them making friends and become more and more independent day by day.

To Our School Leavers – we are incredibly proud of how far your children have come. It has been a privilege to watch them grow, learn, and shine. As they move on to primary school, we send them off with love, pride, and excitement for all that lies ahead. We know they will continue to flourish and carry with them the confidence and curiosity they nurtured here.

To Our Staying Children – we're so glad we get to spend another year learning, playing, and growing together! We look forward to all the new memories we'll make and milestones we'll celebrate in the year to come.

And to you, our amazing parents, thank you for your constant support, encouragement, and trust. It's truly been a team effort, and we couldn't have done it without you.

Wishing all our families a happy, restful, and fun-filled summer!

Last day of preschool – Thursday, 9th of July, Preschool will be open as normal.

Graduation Party (leavers only) – Friday, 10th of July 09.00am – 12.00pm.

We are excited to invite you and your child to our Graduation Party, which is only for children who are leaving preschool this year.

Date: 10th July

Time: Please drop your child off at 9:00 AM sharp.

Dress Code: Smart outfit (something special for the occasion).

At 11.55, parents are warmly welcome to join us for the celebration and watch your child perform and receive their graduation certificate from their Key Practitioner.

Performance Time: 12:00 PM Doors Open for Parents: 11:55 AM – please arrive on time.

Please do not send lunch boxes with your child. We will be providing party food and drinks for all children.



BOOK BAGS

As we come to the end of the term, children will no longer be bringing their book bags home from 1st July. Please ensure all book bags are returned to preschool by then.



Tapestry download

As your child prepares to leave preschool, we kindly ask you to download all photos and observations from Tapestry. A PDF copy of your child's learning journey will be available for you to download from next week, the 6th of July. Please ensure you save everything before the end of July, so you don't miss out on these precious memories!

Questionnaire for the parents - just for the school leavers

As your child prepares to move on to school, we would greatly appreciate it if you could take a moment to complete our Preschool Leavers' Questionnaire.
Your feedback is incredibly valuable and helps us to reflect on and improve our practice.

Good Routine – School Transition Support

Please see the attached document to help you prepare your child for their transition to school. We hope these guidelines will support you as you get your child ready for this exciting new chapter.

Friary Preschool reopens on Thursday, 3rd September.



Good Routines at Home for Transitioning to Reception

Creating consistent and positive routines at home is essential for helping your child transition smoothly from preschool to reception. Here are some strategies to establish good routines:

Morning Routine

Consistent Wake-Up Time: Set a regular wake-up time that allows enough time for a stress-free morning.

Healthy Breakfast:

Ensure your child has a nutritious breakfast to provide energy and concentration for the school day.

Getting Ready:

Encourage your child to put on and take off his/her jumpers, coats, shoes, socks, and cardigans; supporting them to do this themselves will help them to learn the skills needed to be school-ready

Evening Routine

Relaxing Wind-Down Activities: Incorporate quiet activities such as reading a book, drawing, or doing puzzles before bed to help your child relax.

Consistent Bedtime:

Establish a regular bedtime to ensure your child gets enough sleep. Children starting reception typically need 10-12 hours of sleep per night.

Prepare for the Next Day:

Lay out clothes, pack the school bag, and prepare snacks/lunch the night before to minimise the morning rush.

Mealtime Routine

Family Meals: Whenever possible, have meals together as a family to encourage communication and healthy eating habits.

encourage self-help skills (using a knife, fork, and spoon, going to the toilet, brushing teeth twice a day)

Balanced Diet: Ensure meals are balanced with a variety of fruits, vegetables, proteins, and grains to support your child's growth and energy needs

Tips for Success

Model Behaviour: Demonstrate the routines yourself to set an example. Children learn by observing adults.

Praise and Encourage: Use positive reinforcement to encourage your child to follow routines. Praise their efforts and accomplishments.

Gradual Reduction: If your child is used to a lot of screen time, gradually reduce it to avoid resistance and make the transition smoother.

Monitor and manage content- When screen time is allowed, choose educational programs or apps that can provide value.

Parental Controls: Use parental control settings to limit access to certain content and monitor usage.